

Train with the ORIGINAL!



Customized Programs:

- Russian Kettle Bells • Sport Specific
 - Resistance Training
- Weight Control • Plyometrics
- Group Session or 1 on 1

Mixed Martial Arts:

- Taekwondo, Jujitsu
- Grappling & Kickboxing
- Children, Adults & Teens

NO CONTRACTS!



American Eagle Martial Arts & X-cel Fitness Professionals

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