



Fitness Performance Boot Camp

Experience the Difference!

Classes Start September 2nd, 2008

Classes conducted by legendary trainer **Bill Lutz C.P.T., C.S.C.S.** the program is designed to raise your heart rate, strengthen your core, burn fat and tone your body. The class is limited in size to 15 participants.

Coffee Club:

Monday, Wednesday & Friday @ 9 AM

Cost: \$179/month or \$20/class

Lunch Bunch:

Tuesday & Thursday @ 12 Noon

Cost: \$129/month or \$20/class

Five Course:

Unlimited Classes (All 5 classes)

Cost: \$275/month or \$20/class

American Eagle

Martial Arts Academy, Inc

500 Barnett Place, Ho-Ho-Kus, NJ

www.philross.com 201.612.1429 or www.fitperf.com 201.447.4055

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Only 15 participants per class!

Call Now to reserve your Spot!