

TEST APPLICATION:

Name: _____ Current Rank: _____

Address: _____

Phone: _____ Age: _____ Belt Size: 0 1 2 3 4 5 6 7 8

Black Belt Club Member? Yes or No (Circle one)

Do Not Write Below This Line

BASIC KICKS	A	B	C	D	F
BASIC PUNCHES	A	B	C	D	F
BASIC STRIKES	A	B	C	D	F
COMBINATIONS	A	B	C	D	F
BLOCKS	A	B	C	D	F
KI-HAP	A	B	C	D	F
FLEXIBILITY	A	B	C	D	F
SPIRIT	A	B	C	D	F
STANCES	A	B	C	D	F
PUSH-UPS	A	B	C	D	F
FORMS (BBC & Adults Only)	A	B	C	D	F
FIGHTING SKILLS	A	B	C	D	F
WEAPONS (BBC)	A	B	C	D	F
SPARRING	A	B	C	D	F
BREAKING (BBC)	A	B	C	D	F
MOVEMENT	A	B	C	D	F
DEFENSIVE TACTICS	A	B	C	D	F

Instructors Signature

ADDITIONAL COMMENTS:

RESULTS: _____