

Russian Kettlebell Training **Registration Form**



Training Conducted by ***Certified RKC Instructor Phil Ross:***
Owner/Operator of X-cel Fitness Professionals & American Eagle Martial Arts Academy

This is the BEST System ever developed for Functional Athletic Strength

- T-shirt Included & Jump Rope Included
- Maximize Athletic Skill
- Learn the Strength Secrets of Russian Athletes
- Develop Overall Body Strength, Flexibility & Conditioning
- Improve Coordination
- Empower your Child or yourself with the Tools for Success
- Develop Balance & Coordination
- Ages 13 & Up

Session #1 Begins___ March 10th

Session #2 Begins___ May 6th

Athletes Name:_____ Age:_____ Grade:_____

Parents' Name:_____ Telephone:_____

Address:_____ City, State, Zip:_____

Emergency:_____ Telephone:_____

Please make checks payable to: American Eagle MAA, Inc.
Program Fee \$450.00/ 6 week session or \$40.00 per session

In consideration of acceptance of my child in athletic training program outlined above, I hereby for myself, my child, their heirs, executors and administrators waive and release any claim we may have for damages against X-cel Fitness Professionals, llc, American Eagle Martial Arts Academy, Inc., Philip G. Ross and PAR Associates, Inc. all, officials, officers, employees or representatives, or their successors or assignees of the aforementioned organizations, for any and all injuries that may be suffered by my child while or as a result of participating in the above said program. I also certify that my child has been checked by a licensed medical doctor within the last year and is in good physical health.

I certify that I am the parent/guardian of :_____

Signature of Parent/Guardian:_____ Date:_____